

Going to a different school



SARAH JOHNSON

What does transition mean?

In education or school transition can mean a few different things.

It might mean the movement from one lesson to another, or from a lesson to break-time. It also means when you might change from one school to another (perhaps from primary to secondary, or if you move house and need to change schools).

Less frequently, transition might also mean when you are educated at home and go to school, or you have treatment at hospital and then go back to school.

This booklet is to help you think about the transitions of moving from school to school – for whatever reason that may be.

What does
transition mean
to you?



Finding out about your new school

What is the name of your new school?



Does anyone you know go or is going to the school?



How long will it take to travel your new school?



How will you travel to your new school?



How do I feel about starting a new school?

You may have lots of different feelings about going to a new school. You might find that one moment you are really excited, the next you are nervous or worried. Some people might only have one feeling that is overwhelming.

Think about your new school.

- How do you feel?
- Why do you think you feel that way?
- Can you use this to help share some thoughts with a trusted adult?

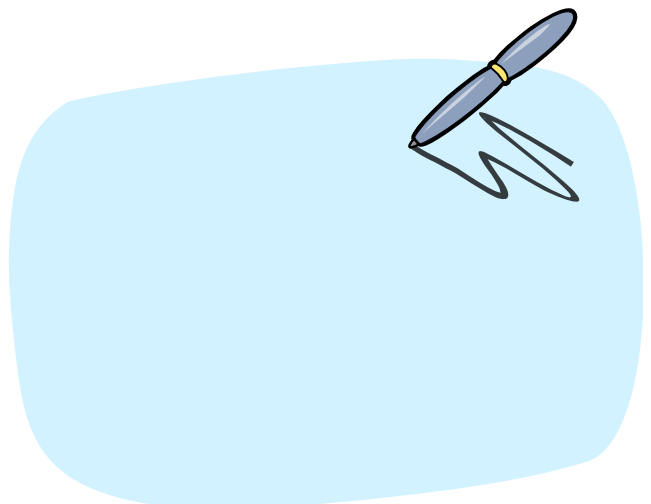
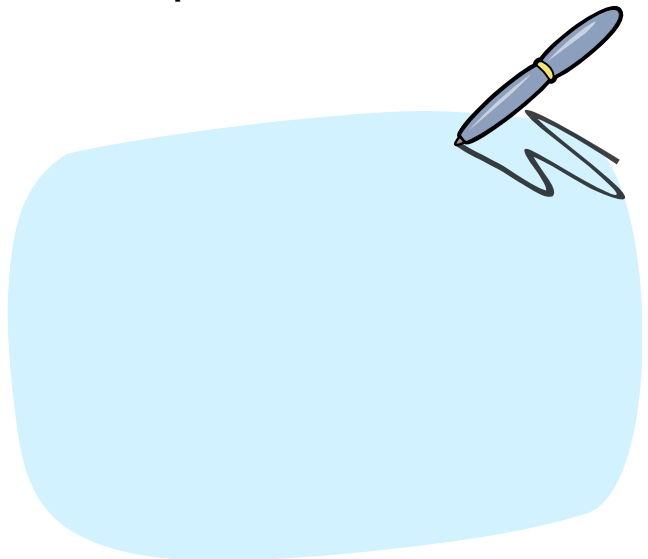


Thoughts and feelings

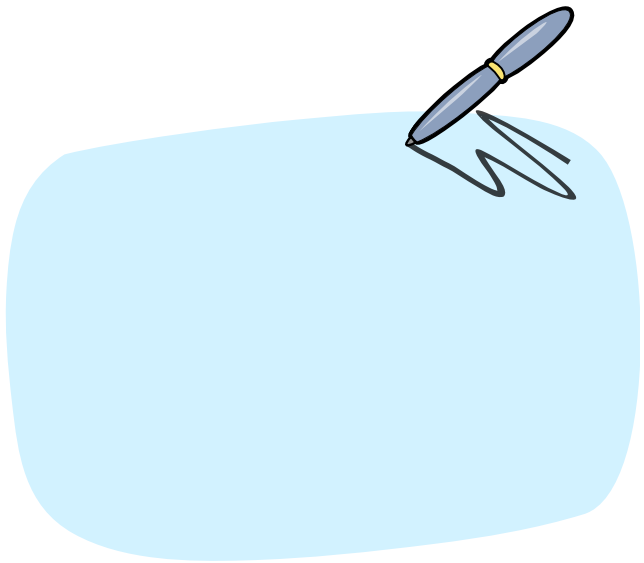
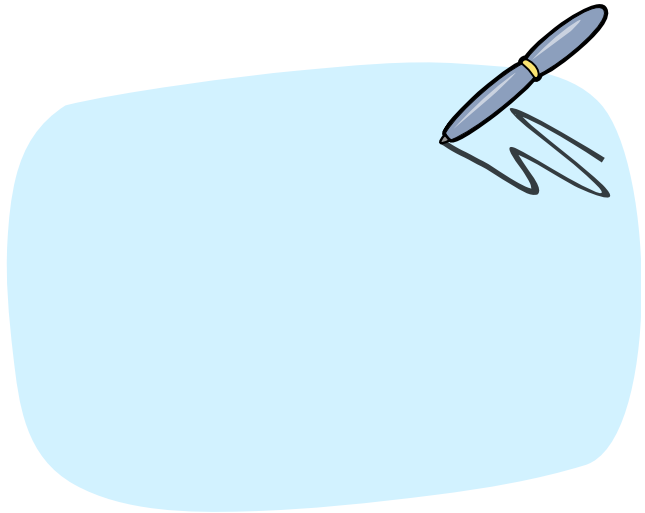
Have a look at the pictures below.

How do you think the students are feeling?

What advice would you give them to help them?



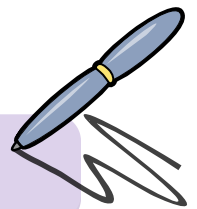
Our feelings



Getting to know staff

In primary school you may have been taught in one classroom. You will likely have had one teacher and perhaps a teaching assistant. In secondary school it can often be quite different. You might move from class to class and teachers are more likely to be teaching specific subjects. Getting to know staff might feel more difficult. You can use this to help you think of some of the important people that can help you

What is the name of your form tutor?



If you are worried about something is there a specific member of staff that you can talk to?

If you feel sick or poorly is there a specific person that you go and tell?


If you feel sick or poorly is there a specific person that you go and tell?

Are there any extracurricular activities or clubs you're interested in joining?

The places in school that I like

Secondary schools are often bigger than primary schools. This means there might be interesting spaces that you like. For example, do you like the library? Or is there a quiet space in the playground where you like to sit and relax? Is there an art room where you can enjoy colouring? Using perhaps a map given, or by asking teachers, see if you can find out where some of these places are, and when they are open.

A place you can read



A place you can colour or craft

A place that is quiet

A place that is lively

What do I need to bring with me?

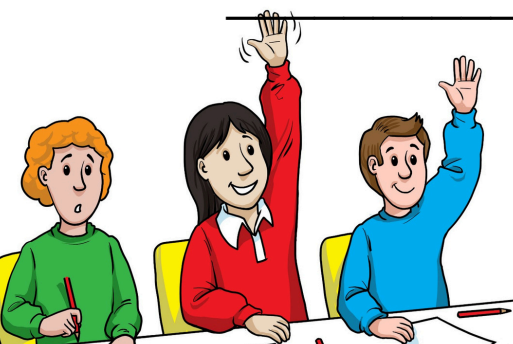
In secondary school you are likely to need to bring more equipment.

You should get a list of things that you need from your school. You might need help to organise yourself.

Here are some tips that may help you with space to write your own tips

- Check your timetable the night before
- Bring your school planner with you!
- Take your pencil case with you (you are likely to need a pen, ruler and pencil as the most basic)
- Do you need to bring any specific books?
- Do you need to bring your PE kit?
- Are there specific materials you need to bring (maths or art equipment for example?)

- _____



School detective

What is the school website address?



What time does school start?

What time does school finish?

Are there days when they start or finish times are different?

What is the name of the Head Teacher?

Is there a school uniform?
if yes, what are the main colours?

Are there any after school or lunch time clubs you would like to join?

What advice would you give to these children?

My new school is really big! I am worried that I won't be able to find all my classes and that I could get lost. I have been given a map but I am still quite confused.

I am the only person going to my new school. I am worried about making friends and playing alone at lunch-time

I am worried about how much homework that I will get. I know I will get homework in English, maths and science, but I'm going to get homework for other subjects as well. How can I get organised!

I used to be able to walk to my primary school. Now, I have to get a bus. I am not used to getting buses. I am worried about being late

I am really excited about starting my new school! I actually really like the school uniform and think it will be fun to start loads of different clubs



What do I want my teachers to know about me

I am really good at...

I am worried about...

One way I like to relax is...

I am really looking forward to...

I am most excited about...

My hobbies are...



Timetables

A primary school you may have had the same lessons in the morning (literacy, numeracy etc.) and then perhaps topic work in the afternoon.

At secondary school you are likely to have a range of different lessons and these could change on a week by week basis (often called "Week A" and "Week B").

When do you get your timetable?
Can you download your timetable from the
school website?

Using the timetable what is your first lesson on a
Monday and last lesson on a Friday?

